I want to...

Upload a picture
1. Go to commons.wikimedia.org
2. Click “Upload” on the top right side.
3. Follow the Upload Wizard prompts.
4. To use the picture in an article, review the VisualEditor sheet

Important! You must make sure the picture you are uploading is allowed. Most pictures you find online are inappropriate to use. Did you take the picture yourself, or is it from a known public domain resource like the U.S. federal government?

Create a new article
1. In the Wikipedia search bar, search for the name of the article you would like to create.
2. In the search results, there should be a link to the title you specified. Follow that link.
3. Click the “Create” button on the top of the screen. Use the VisualEditor sheet for guidance.
4. Save when you are done.

Add a source to an article
Using the Cite tool in VisualEditor (see 8 on the VisualEditor sheet), add a link to a source such as PubMed or CDC.gov, and a citation will automatically be generated. Use in-line citations.

Leave a comment about an article
Click the “Talk” link on the top of the article. Refer to 1 on the VisualEditor sheet. Toward the top of the page, where the Edit button is, there should be a “New Section” link. Click that to start your new post. Add ~~~~~ at the end of your post to automatically sign your name and the date.

Important guidelines

Neutral Point of View
Content must fairly represent all the significant views on a subject published in reliable sources. Shortcut: WP:NPOV

No Original Research
Use only published, third-party sources; do not use unpublished papers or original theories. Shortcut: WP:NOR

Medical Reliable Sources
Medical articles must use medical textbooks, review articles, or meta-analyses as sources. Shortcut: WP:MEDRS

Notability
Topics are covered on Wikipedia if they have substantial coverage in multiple independent sources. Shortcut: WP:N

Encyclopedic Style
You are not writing research papers; you are writing summaries for a “smart 15 year old.” Shortcut: WP:BETTER

Assume Good Faith
If you disagree with someone, assume they have honest intentions and try to work with them. Shortcut: WP:AGF

Ownership of Content
Articles are written collaboratively; you cannot have total control over an article. Shortcut: WP:OWN

Conflict of Interest
Avoid editing pages about your employer, your boss, or other pages where you have a conflict of interest. Shortcut: WP:COI